



We invite you to join us on one of our
pleasant, friendly walks on a
Tuesday morning.

We meet at the venue
at 9.45 am and walk at 10.30 am

Everyone walks at their own pace and as
far as they feel comfortable. We have First
Aiders who accompany us on all walks.

Most members have returned to the
meeting place by 12 noon and settle into
friendly groups for lunch and a chat.

CONTACT US

Email: offwamembership@gmail.com

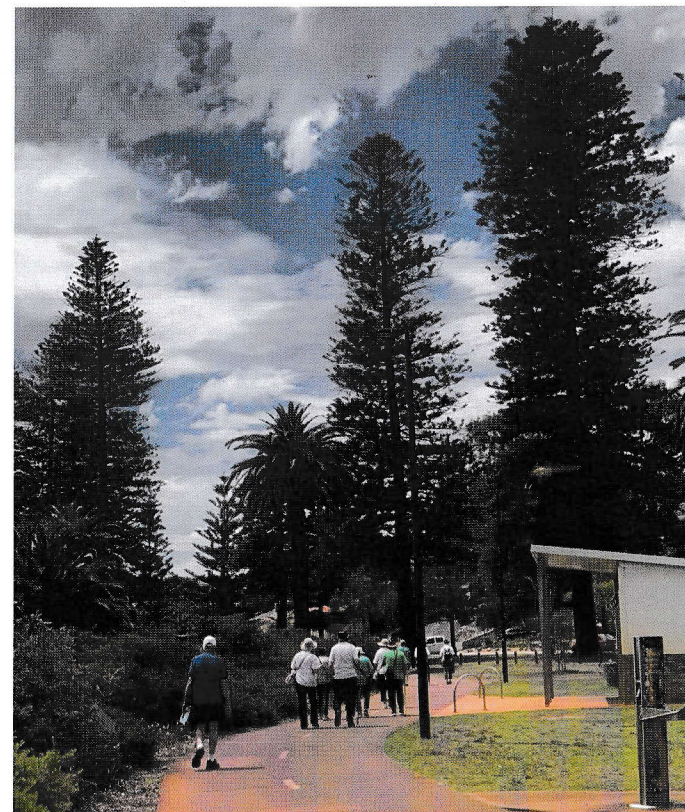
www.over55walkingassociation.org.au



PROUDLY SUPPORTED BY



OFFWA



**OVER 55
WALKING
ASSOC INC.**

ABOUT US

The Over 55 Walking Association, OFFWA is a not-for-profit organisation formed in 1983. There are currently around 150 members.

The location of walks is often around a lake, beside the river or ocean, or through a park. At each venue there is car parking and access to toilets.

We have both mid-year and an end-of-year lunch at a restaurant, and during the year we have various events, such as sausage sizzles and Melbourne Cup bring a plate-to-share.

When registering at a nominal annual cost you will receive a name badge and card with information about our weekly walks for the year and dates for social events.

SOME OF OUR WALKS

KINGS PARK

Within the park

May Drive Parkland, Vietnam Memorial Pavilion

POINT WALTER

Towards Point Dundas

Burke Drive into Honor Ave Car Park Bicton

JOHN FORREST NATIONAL PARK

Towards the tunnel

Second Park Rd entrance off Gt Eastern Hwy
Hovea

WHITEMAN PARK

Around the park

Off Lord Street, Caversham Car Park 6
Whiteman

MOSMAN PARK

Towards Fremantle

TJ Perrot Reserve Perrot Cl

PENINSULAR GOLF COURSE

Along the river towards East Perth

Swan Bank Road, Maylands

DARLINGTON HERITAGE TRAIL

East towards Mundaring

Cnr Darlington and Owen Roads, Darlington

MUNDARING

Towards Darlington

Sculpture Park, Mundaring

PERRY LAKES

Perry Lakes Drive, Alderbury Reserve, Floreat

BURSWOOD

Around the bridges

Resort Drive Burswood

SHELLEY FORESHORE PARK

Towards Mount Henry Bridge

River end Beatrice Ave, Shelley

